



Peer Mentoring Programme

Training for
education staff

Kidscape Peer Mentoring Programme Training for schools

Duration: 2.5 hrs

The Kidscape Peer Mentoring programme has supported hundreds of education staff to develop robust and sustaining supportive programmes within their schools. Our Peer Mentoring programmes are based on young people supporting each other; matching peer mentors with mentees in one-on-one partnerships so that they can provide guidance and support, serving as positive role models.

100% of staff would recommend Kidscape's Peer Mentoring Programme Training

OVERVIEW

The programme is delivered as a **'Train the Trainer'** model for school staff. Our Peer Mentoring programme for staff provides training, comprehensive resources and additional support to assist school staff with implementing a sustainable programme based on the identified needs of their setting. The programme will enhance early intervention and prevention of low-level mental health, safeguarding and wellbeing issues amongst young people.

THE PEER MENTORING WORKSHOP

CONTENT

- Understand Peer Mentoring
- Recognise the positive benefits of a Peer Mentoring programme
- Understand what mental wellbeing means and the issues that affect young people's wellbeing
- Explore what needs to be included in a Peer Mentoring programme
- Identify the roles and responsibilities of staff and Peer Mentors

SUPPORT PACKAGE

School staff will receive the following to support them deliver the programme:

- Training on the content and delivery of the Peer Mentoring workshop.
- Materials to deliver the Peer Mentor training for young people workshop.
- Peer Mentoring Lead handbook.
- One-to-one Kidscape support.

HOW TO APPLY

If you are interested in finding out more and attending one of our online training sessions, please email, Sarah.lewis@kidscape.org.uk